

BRMI is a non-profit program of the Marion Institute, founded to promote the science and art of biological regulatory medicine, and to increase public knowledge of bioregulatory medicine as a wholistic and evidence-based medical system.

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Issue 17

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Dear ,

Welcome to our 17th BRMI e-Journal.

As this lands in your in-box, myself, along with several BRMI Advisors and colleagues, are in Baden-Baden, Germany, attending the 53rd annual [Medizinische Woche](#) (Europe's largest and oldest Congress for Biological Regulatory Medicine). Throughout the week, we will be filming interviews with doctors and vendors. Please be sure to subscribe to our [YouTube Channel](#), where we will be releasing those films.

In conjunction with our mission of increasing public knowledge of bioregulatory medicine, especially here in the States, I was recently asked to join BRMI Advisors (and co-authors of [Bioregulatory Medicine: An Innovative Holistic Approach to Self-Healing](#)) [Dickson Thom](#), [Jeffrey Drobot](#), and [Frank Pleus](#) - along with special guest BRMI Advisor [Hennie Fitzpatrick, MD](#) (from the American Center for Bioregulatory Medicine and Dentistry) for two symposia in New England hosted by the Marion Institute. This was part of the [MI Connector Series](#).

Using Lyme disease as a case study, we were asked to illustrate how bioregulatory medicine approaches chronic illness. In advance of the symposia, the Marion Institute also requested that I provide a succinct overview of Lyme. To access that white paper, click [here](#).

Other additions to our info-field at [brmi.online](#):

We recently uploaded a biography of the brilliant visionary [Nikola Tesla](#), a true pioneer of bioregulatory medicine for his contributions to the fields of electromedicine and biophysics. Many of his inventions (Tesla obtained some 300 patents in his lifetime) became the technology we take for granted today. The next time you flip a light switch, think of Tesla. He was a scientist - and humanitarian - born before his time.

We have added links to more "sister" [organizations](#) that foster bioregulatory medicine - ranging from chelation therapy to midwifery to organic and sustainable farming.

Our Articles Archive continues to grow as well. We've added articles on [Binaural Beats](#); [Homeostasis, Allostasis and Bioregulation](#); and [Mesenchymal Stem Cell Exosome Therapy and Bioregulation](#).

We're also very pleased to announce that [Dr. Daniel Pompa, DC](#) has joined our Board of Advisors. A respected leader in the health and wellness space, Dr. Pompa experienced his own medical journey - he overcame neurotoxic illness and heavy metal poisoning by using his own unique cellular detoxification strategies. He is a true warrior of the "from pain to purpose" mindset. Don't miss his "Clinician's Corner" piece "[When Detox is Dangerous: Cellular and Heavy Metal Detox Done Right](#)" and be sure to tune in to his weekly [Cellular Healing TV](#) podcast.

Our feature articles this edition are: "Frequency Therapy in Music" and "Schumann Resonances and their Effect on Human Bioregulation".

And we're sure you'll enjoy our Featured Video on Cymatics (the science of visualizing audio frequencies). This science experiment music video begins with a [Chladni Plate](#) and culminates in a Tesla coil. For a deeper dive into Cymatics, click [here](#) and [here](#).

In these longer videos, acoustic physics researcher John Stuart Reid explains how cancer cells emit a different sound than normal cells - and how this can be made visible with a special Cymatics instrument. In the future, this could be a great boon for surgeons in helping them to differentiate healthy cells from diseased tissue. Truly fascinating - and other far-ranging applications for this technology abound!

Comments and submissions to our e-Journal are always welcome and appreciated. Feel free to interact with us via [social media](#) - or contact me directly at jpmmodell@brmi.online.

We thank you for your interest in bioregulatory medicine.

Be well,
 James Odell, ND, OMD, L.Ac.
 BRMI Medical Director

As with any healthcare newsletter, the information in the BRMI e-Journal is intended for educational purposes only and is not a substitute for the advice of a qualified healthcare professional.



Frequency Therapy in Music

The biological effects of frequencies to which we are constantly exposed have been researched over the last several decades, but considerably disregarded as therapeutically useful by the medical community. Although several studies suggest that emotions evoked by music may be useful in health care, alleviating stress and nociception in patients undergoing surgical procedures as well as in cancer treatment, little is known about the mechanisms by which these effects occur. It is generally accepted that the mechanosensory hair cells in the ear transduce the sound-induced mechanical vibrations into neural impulses, which are interpreted by the brain and evoke the emotional effects.

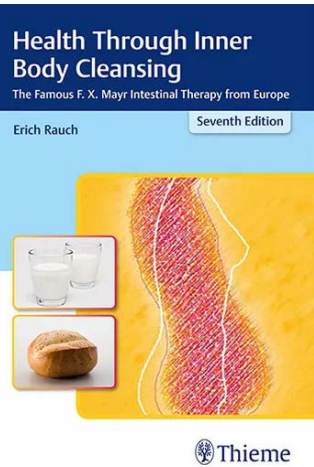
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Schumann Resonances and their Effect on Human Bioregulation

The Schumann resonances (or frequencies) are quasi-standing electromagnetic waves that exist in the cavity (or space) between the surface of the Earth and the ionosphere. In 1952, German physicist Professor Winfried Otto Schumann of the Technical University of Munich began attempting to answer whether the Earth itself has a frequency – a pulse. His assumption about the existence of this frequency came from his understanding that when a sphere exists inside of another sphere there is an electrical tension that is created.

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Book Review: Health Through Inner Body Cleansing

Dr. med. Franz Xaver Mayr (1875-1965) was the founder of the FX Mayr cure.

The gut microbiome and the gut-brain axis are common topics of today's health discussions. As far back as 1901, Dr. Mayr concluded that a healthy intestine represents the key to health and longevity. He concentrated on the digestive system and intestines in the treatment of his patients and developed the FX Mayr cure. Today the FX Mayr cure has evolved into a recognized effective bioregulatory healing method, seen as an ideal extension of conventional medicine.

The Mayr program is an intensive regime lasting several weeks. It includes therapeutic fasts to rest the digestive tract and features a special diet to train proper mastication.

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Clinician's Corner

A decade ago it was only the "health nuts" who were interested in heavy metal detoxification. Today however, research links several diseases to heavy metal poisoning, mercury amalgam and toxicity. In this article, BRMI Advisor Dr. Dan Pompa gives us his personal account of how mercury toxicity (from his silver fillings) radically changed his life - and shares with us his successful breakthrough protocol.

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VIDEO: CYMATICS: Science vs. Music - Nigel Stanford



Cymatics is the study of sound and vibration made visible. This video features audio visualized by science experiments - including the Chladni Plate, Ruben's Tube, Tesla Coil and Ferro Fluid.

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